

DEPARTMENT OF COUNSELING, HEALTH, AND KINESIOLOGY

Mission

The Department of Counseling, Health and Kinesiology is committed to extending the knowledge base of counseling, health and kinesiology through a combination of scholarly inquiry, reflective practices and student centered learning. The faculty and staff are dedicated to preparing counselors and health/kinesiology professionals to meet the challenges of a growing and diverse community.

Contact Information

Dr. Stephen Lenz
Department Chair
Senator Frank L. Madla Building

Programs

- Applied Behavior Analysis, Bachelor of Science (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/applied-behavior-analysis-bs/>)
- Exercise Science & Pre-Physical Therapy, Minor (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/exercise-science-pre-physical-therapy-minor/>)
- Health, Minor (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/health-minor/>)
- Human Services, Bachelor of Science (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/human-services-bs/>)
- Kinesiology Exercise Science, Bachelor of Science (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/kinesiology-exercise-science-bs/>)
- Kinesiology Exercise Science/Pre-PT, Bachelor of Science (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/kinesiology-exercise-science-pre-pt-bs/>)
- Kinesiology Physical Education (Grades EC-12), Bachelor of Science (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/kinesiology-physical-education-grades-ec-12-bs/>)
- Kinesiology: Coaching Concentration, Minor (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/kinesiology-coaching-concentration-minor/>)
- Kinesiology: EC-12 Physical Education, Minor (<https://catalog.tamusa.edu/undergraduate/education-human-development/counseling-health-kinesiology/kinesiology-ec-12-physical-education-minor/>)

Courses Applied Behavior Analysis

Code	Title	Credits
ABA 3301	Introduction to Applied Behavior Analysis	3
ABA 3302	Introduction to Research Methods in Applied Behavior Analysis	3
ABA 3303	Advanced Research Methods in Applied Behavior Analysis	3
ABA 3304	Ethical and Professional Behavior in Applied Behavior Analysis	3
ABA 3305	Functional Behavior Assessment	3
ABA 4306	Applied Behavior Analysis Applications for Behavior Change	3
ABA 4307	Selecting and Implementing Applied Behavior Analysis Interventions	3
ABA 4308	Personnel Supervision in Applied Behavior Analysis	3
ABA 4309	Introduction to Autism Spectrum Disorder	3
ABA 4310	Practicum 1 in Applied Behavior Analysis	3

Health

Code	Title	Credits
EDHL 3333	Growth Dvlpmnt and Sexuality	3
EDHL 3335	Drug Education	3
EDHL 3381	Community Health	3
EDHL 3383	Women's Health	3
EDHL 4337	Disease Entities/Epidemiology	3
EDHL 4342	Prgm Plan for Hlth Promotion	3

Human Services

Code	Title	Credits
EDHS 3310	Group Process in Human Service	3
EDHS 3320	Human Growth and Development	3
EDHS 3321	History of Behavioral Health i	3
EDHS 3322	Introduction to Human Services	3
EDHS 3325	Soc & Cultural Issues Hum Srvcs	3
EDHS 3330	Substance Use Prevention & Edu	3
EDHS 3331	Ethics in Human Services	3
EDHS 3332	Interpersonal Skill Developmnt	3
EDHS 4301	Assessment Mental Health Child	3
EDHS 4302	Child and Adolescent Trauma	3
EDHS 4310	Co-occurring Disorders	3
EDHS 4311	Crisis Intervention	3
EDHS 4320	Field Practicum Children and A	3
EDHS 4321	Healthy Development Childhood	3
EDHS 4330	Methods for Evaluating Practic	3
EDHS 4331	Policies Programs for Children	3
EDHS 4340	Substance Use/Misuse & Beh Hlt	3
EDHS 4350	Field Internship	3

Kinesiology

Code	Title	Credits
EDKN 1101	Jogging	1
EDKN 1102	Weight Training	1
EDKN 1103	Cardio Dance	1
EDKN 1104	Cardio Fitness	1
EDKN 1119	Beginning Rhythmic Activities	1
EDKN 1301	Foundations of Kinesiology	3
EDKN 1304	Personal/Community Health	3
EDKN 1305	Coaching	3
EDKN 1306	First Aid	3
EDKN 1308	Intramurals and Officiating	3
EDKN 1322	Nutrition	3
EDKN 1338	Fitness and Wellness	3
EDKN 2147	Skill Analys-Indiv/Dual Sports	1
EDKN 2148	Skill Analysis of Team Sports	1
EDKN 3101	Jaguar Tracks III	1
EDKN 3315	Functional Anatomy	3
EDKN 3316	Medical Terminology	3
EDKN 3320	Motor Dvlpmnt/Motor Learning	3
EDKN 3331	Consumer Health	3
EDKN 3332	Program Development and Management in the Fitness Industry	3
EDKN 3340	Health & PE-EC & Elem Teach	3
EDKN 3350	Kinesiology/Sport in Society	3
EDKN 3426	Basic Physiology of Exercise	4
EDKN 3445	Msrmnt & Eval in Kinesiology	4
EDKN 4101	Jaguar Tracks IV	1
EDKN 4310	Teaching Elem Physical Educ	3
EDKN 4311	Teaching Secondary Phys Educ	3
EDKN 4316	Compl Psychomotor Skls Chldrn	3
EDKN 4320	Motor Dev and Motor Learning	3
EDKN 4324	Exercise in Chronic Disease and Disabilities	3
EDKN 4325	Biomechanics	3
EDKN 4328	Internship I	3
EDKN 4334	Research Proj in Exerc Sci	3
EDKN 4342	Motor Skills Special Populations	3
EDKN 4344	Health and Aging	3
EDKN 4401	Exercise Test and Prescription	4
EDKN 4417	Adv Physiology of Exercise	4